Y2 PHYSICAL EDUCATION CURRICULUM

2	Autumn 1		Autumn 2	
	Invasion Games	**Ball Skills**	**Gymnastics**	**Fitness**
Key Skills	**Physical**: dribble, throw, catch, kick, receive, run, jump, change direction, change speed **Social**: communication, kindness, support others, cooperation, respect collaborate **Emotiona**l: empathy, perseverance, honesty, integrity, independence **Thinking**: creativity, select and apply comprehension, problem solving, provide feedback	**Physical:** roll, track, dribble with feet, kick, throw, catch, dribble with hands **Socia**l: inclusion, communication, collaboration, leadership **Emotiona**l: independence, honesty, perseverance, determination **Thinking**: comprehension, select and apply skills, use tactics	**Physical**: shapes, balances, travelling actions, shape jumps, barrel roll, straight roll, forwards roll **Social**: leadership, work safely, respect **Emotional:** confidence, independence **Thinking**: select and apply actions, creativity	**Physical:** run, coordination, stamina, skip, strength, agility **Social:** communication, encourage others **Emotional:** kindness, perseverance, honesty, independence, determination **Thinking:** comprehension, creativity, problem solving, reflection, feedback
Learning Objectives	To understand what being in possession means and support a teammate to do this. To understand that scoring goals is an attacking skill and to explore ways to do this. To understand that stopping goals is a defending skill and explore ways to do this. To explore how to gain possession. To mark an opponent and understand that this is a defending skill. To apply simple tactics for attacking and defending.	To roll a ball to hit a target. To stop a rolling ball. To develop dribbling a ball with your feet. To develop kicking a ball. To develop throwing and catching. To develop dribbling a ball with your hands.	To perform gymnastic shapes and link them together. To perform gymnastics shapes with control and link them together. To use shapes to create balances. To use shapes to create balances. To link travelling actions and balances using apparatus. To develop travelling actions and balances using apparatus.	To learn how to run for a long time. To develop jumping in a long rope using timing. To develop co-ordination in individual skipping. To develop stamina and change of direction. To explore exercises to develop strength. To develop agility, balance and co-ordination.
Vocabulary	Attack, defend, defender, goalkeeper, opponent, possession, receive, send, score, shoot, tactic, teammate	Bounce, catch, collect, control, dribble, kick, prepare, receive, release, roll, target, touch, underarm	Balance, direction, level, link, pathway, pike, roll, sequence, shape, speed, star, straddle, tuck	Bend, breath, exercise, jog, jump, land, speed, sprint, steady, strong, time, tired
Assessment	I can didge and find space away from the other team I can move with a ball towards goal I can sometimes dribble a ball with my hands and feet I can stay with another player to try and win the ball I can attempt to send the ball to a teammate	I am beginning to understand and use simple tactics I can dribble a ball with my hands and feet with some control I can roll and throw a ball to hit a target I can send and receive a ball using both kicking and throwing and catching skills I can track a ball and collect it	I can perform the basic gymnastic actions with some control and balance I can plan and repeat simple sequences of actions I can work safely with others and apparatus	I can describe how my body feels during exercise I can show hopping and jumping movements with some balance and control I understand the running at a slower speed will allow me to run for longer I work with others to turn a rope and encourage others to jump at the right time

Y2 PHYSICAL EDUCATION CURRICULUM

2	Spring 1		Spring 2	
	Gymnastics	**Dance**	**Sending and Receiving**	**Net and Wall**
Key Skills	**Physical**: shapes, balances, travelling actions, shape jumps, barrel roll, straight roll, forwards roll **Social**: leadership, work safely, respect **Emotional:** confidence, independence **Thinking**: select and apply actions, creativity	**Physical**: actions, dynamics, space, relationships **Social**: respect, work safely, collaboration, communication **Emotional**: independence, confidence, perseverance, determination **Thinking**: provide feedback, comprehension, reflection, observation, creativity	**Physical**: roll, track, catch, receive with feet, kick, send and receive with a racket **Social**: communication, collaboration, leadership **Emotional:** honesty, determination **Thinking**: identifying how to improve, comprehension	**Physical:** throw, catch, hit, track **Social:** co-operate, respect, support others **Emotional:** perseverance, honesty **Thinking:** select and apply, reflection, decision making, comprehension
Learning Objectives	To demonstrate different shapes, take-off and landing when performing jumps. To develop different shapes, take offs and landings when performing jumps. To develop rolling and sequence building. To refine rolling and sequence building. To create a sequence using apparatus. To create a sequence using apparatus	**THEME: Secret Garden** To remember, repeat and link actions to tell the story of my dance. To develop an understanding of dynamics and how they can show an idea. Use counts of 8 to help you stay in time with the music. **THEME: The Circus** To copy, remember and repeat actions using facial expressions to show different characters. To explore pathways and levels. To remember and rehearse our circus dance showing expression and character.	To roll a ball towards a target. To track and receive a rolling ball. To send and receive a ball with your feet. To develop catching skills. To develop throwing and catching skills. To send and receive a ball using a racket.	To use the ready position to defend space on court. To develop returning a ball with hands. To play against a partner. To develop racket skills and use them to return a ball. To develop returning a ball using a racket. To play against an opponent using a racket.
Vocab	Balance, direction, level, link, pathway, pike, roll, sequence, shape, speed, star, straddle, tuck	Action, counts, create, direction, dynamics, expression, level, matching, mirroring, pathway, perform, speed, timing, unison	Catch, distance, kick, ready position, receive, roll, send, target, throw, track	Against, defend, partner, point, quickly, ready position, receive, return, trap
Assessment	I can perform basic gymnastic actions with some control and balance I can use directions and levels to make my work look interesting I can use shapes when performing other skills	I can copy, remember, repeat and create dance phrases I can show a character and idea through the actions and dynamics I choose I can use counts to stay in time with the music	I am beginning to trap and cushion a ball that is coming to me I can accurately throw and kick a ball to a partner I can catch a ball with or without a bounce I can roll a ball to a target I can track a ball and stop it using my feet	I can defend y space on court using the ready position I can hit a ball over the net and into the court area I can throw accurately to a partner I can use simple tactics

Y2 PHYSICAL EDUCATION CURRICULUM

2	Summer 1		Summer 2	
	Team Building	**Athletics**	**Striking and Fielding**	**Dance**
Key Skills	**Physical:** run, jump, balance, co-ordination **Social:** support and encourage others, communication, inclusion, trust, kindness **Emotional:** determination, confidence, perseverance, accepting **Thinking:** identity strengths and areas of development, comprehension, problem solving	**Physical:** run, jump for distance, jump for height, throw for distance, throw for accuracy **Social:** work safely, communication, support others **Emotional:** independence, determination **Thinking:** comprehension, select and apply skills, explore ideas, observe and give feedback	**Physical:** underarm throw, overarm throw, catch, track, bowl, bat **Social:** collaboration, communication, encourage others **Emotional:** perseverance, honesty, determination, acceptance **Thinking: use tactics,** comprehension, select and apply, decision making	**Physical**: actions, dynamics, space, relationships **Social**: respect, work safely, collaboration, communication **Emotional**: independence, confidence, perseverance, determination **Thinking**: provide feedback, comprehension, reflection, observation, creativity
Learning Objectives	To follow instructions and work with others. To co-operate and communicate in a small group to solve challenges. To create a plan with a group to solve the challenges. To communicate effectively and develop trust. To use teamwork skills to work as a group to solve problems. To work with a group to copy and create a basic map.	To develop the sprinting action. To develop jumping for distance. To develop jumping for height. To develop throwing for distance. To develop throwing for accuracy. To select and apply knowledge and technique in an athletics carousel.	To track a rolling ball and collect it. To develop underarm throwing and catching to field a ball. To develop overarm throwing to limit a batter's score. To develop hitting for distance to score more points. To be able to get a batter out. To understand the rules of the game and use these to play fairly.	**THEME: The Rainforest** To copy, repeat and create actions in response to a stimulus. To copy, create and perform actions considering dynamics. To create a short dance phrase with a partner showing clear changes of speed. **THEME: Jack Frost** To copy, repeat and create movement patterns in response to the theme. To create and perform using unison, mirroring and matching with a partner. To remember and repeat actions and dance as a group.
Vocab	Communicate, include, instruction, map, plan, solve, successful, support	Aim, distance, far, fast, height, jog, jump, overarm, sprint, take off, target, throw	Backstop, batter, batting, bowler, collect, fielder, fielding, hit, out, rules, runs, stump, tactics, teammate, track	Action, counts, create, direction, dynamics, expression, level, matching, mirroring, pathway, perform, speed, timing, unison
Assessment	I can follow instructions I can share my ideas and help to solve tasks I can work cooperatively with a partner and small group I understand how to use and follow and create a simple diagram/map	I can identify good technique I can jump and land with control I can use an underarm throw to help me to throw for distance I show balance and co-ordination when running at different speed	I am developing underarm and overarm throwing skills I can hit a ball using equipment with some consistency I can track a ball and collect it I can use simple tactics	I can copy, remember, repeat and create dance phrases I can show a character and idea through the actions and dynamics I choose I can work with a partner using mirroring and Unison in our actions